



Fort Campbell Health Promotion, Risk Reduction & Suicide Prevention Family Resource Guide

- Resource Agencies for Support of Unit and Family Prevention, Intervention, Treatment and Education Efforts
- Address & Phone Numbers for Support Agencies
- This document can be found on the Intranet at the Division's Home page.
- Updates to this document will be uploaded on a quarterly basis beginning December 2010

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Use of This Guide

The guide is written to serve as a reference for contacting agencies responsible for providing assistance to families in the prevention and intervention of high risk Soldier/Family member behaviors and other support resources. Off post non-profit agencies are occasionally listed so that families have a full range of the resources available within the Fort Campbell area. High risk behaviors or Family crisis are not beneficial to combat or operational effectiveness or efficiency. Dealing with them early will assist in providing Soldier and Family Resiliency within the Fort Campbell Community.

This guide is setup so that you may look up a risk factor and see all the resources that can be applied to help reduce risks. Each page/section is organized as follows:

- I Definition of the risk factors listed
- II Primary staff agencies responsible for assistance in providing intervention, prevention, treatment and education measures
 - III All services available with a brief description; address; and phone number

Understanding Interventions and Preventions:

An intervention is an orchestrated attempt by one, or often, many people (usually Family and friends) to get someone to seek professional help with an addiction or some kind of traumatic event or crisis. The term intervention is most often used when the traumatic event involves addiction to suicide, drugs, or other items.

A prevention is a program of activities directed at improving general well-being and often involving specific protection for selected purposes or diseases, such as immunization; while primary prevention is the avoidance of the onset of disease by behavior modification (e.g. limiting alcohol intake) or treatment (e.g. routine childhood immunization).

The Fort Campbell Community has many programs, services and facilities on the installation that can provide *intervention and prevention* measures for Soldiers and Family Members. Other programs simply offer *treatment and education services* to Units, individual Soldiers and Family members. This guide is a work in progress by which we inform our Families of the Army's Health Promotion, Risk Reduction and Suicide Prevention efforts on the installation.

Accidents



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(Property Damage)

<u>Definition:</u> property damage of \$2000 or more but less than \$500,000, and/or a non-fatal injury, occupational illness, or disability that causes missed days of work and/or training.

Installation Safety Office; Phone: 270-798-5869; Fort Campbell, KY

<u>Services:</u> The Installation Safety Office (ISO) advises, and assists commanders on all matters concerning accident prevention. Each Unit is required to appoint a safety representative who is required to be trained by the Safety Office on principles of effective safety practices, IAW AR 385-10, Chapter 2. Contact your point of contact at the ISO for further information.

Off Post Agencies

- 1. Clarksville Police Department: Administrative Division; 135 Commerce Street; Clarksville, TN 37040; 931-648-0656
- 2. Montgomery County Sheriff's Department; Administrative Division; 120 Commerce Street; Clarksville, TN 37040; 931-648-0611
- 3. Oak Grove Police Department: Administrative Office; 8505 Pembrooke-Oak Grove Road; Oak Grove, KY; 270-439-4602
- 4. Hopkinsville Police Department: Administrative Office; 112 West First Street; Hopkinsville, KY; 42240; 270-890-1500
- 5. Christian County Sheriff's Department: Administrative Office; 216 West 7th Street; Hopkinsville, KY; 42240; 270-887-4143

Alcohol Related Issues

<u>Definition:</u> includes alcohol abuse, drunk and disorderly conduct, driving while intoxicated, possession and consumption by a minor.

Garrison Army Substance Abuse Program (ASAP); 234 Bastogne, Fort Campbell, KY 42223; Phone: 270-412-0214 (Education & Training Program)

<u>Prevention Services:</u> A wide range of prevention/education classes are available for Unit level classes. In addition, periodic train-the-trainer classes are available which provides lesson plans and other training materials to designated Unit level instructors. There are also many resources (books, pamphlets, films, audio tapes, etc.) available for check out from the ADAPCP Resource Library. (Request for assessments/treatment of specific individuals should be directed to your unit ASAP counselor; call 270-798-7270, for assistance.)

Army Substance Abuse Program (ASAP Clinical Program) (changes to Garrison program on Oct 2)

<u>Prevention & Intervention Services:</u> The Fort Campbell Army Substance Abuse Program offers substance abuse prevention classes, urinalysis testing, risk reduction consultation for active duty Soldiers, retired military personnel and their Family members. The program is located at 2526 22nd St. and Indiana Avenue and is open Monday through Friday, 7 a.m. to 4:30 p.m. For more information, call 270-412-6883.

Installation Provost Marshal Office U.S. Army MP; 123 Forrest Road; Fort Campbell, KY 42223; Phone: 270-798-7113/6774

<u>Services:</u> Supporting Provost Marshal Offer's Support Commander's with a breath test utilizing EC/IR IIs when the equipment is not being utilized for DUI enforcement. This service assists Commanders in determining status of Soldiers believe to be intoxicated. This service allows commanders to confirm (drunk on duty) suspicions. Can assist the commander in stimulating appropriate crime prevention attitudes, procedure and behavior. Assist in protecting potential victims or property from criminal acts by eliminating or reducing opportunities for the acts to occur. Help in discouraging potential offenders from committing criminal acts.

Anger Management

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<u>Definition:</u> A system of psychological therapeutic techniques and exercises by which someone with excessive or uncontrollable anger can control or reduce the triggers, degrees, and effects or an angered emotional state.

Support Groups: http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx

Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY 42223; Central Hospital Number - 270-798-8400; http://www.campbell.amedd.army.mil/

<u>Prevention Services for Adults</u>: Adult Behavioral Health; Local Phone Number: 270-798-4097/4269. Located in the BLDG 2516 on 22nd and Indiana, the Adult Behavioral Health provides behavioral health services to active-duty Soldiers assigned to non-divisional tenant units at Fort Campbell and all Family Members on a space available basis. Retirees and their Family Members are eligible for services on a space available basis. Assistance is available for crisis intervention, anger control, stress management, anxiety and depression. Command consultation and evaluation is provided for non-divisional Soldiers.

<u>Prevention Services for Children & Teens</u>: **Child and Adolescent Psychiatry Service**; Location: 2437 21st Street and Indiana Avenue; Phone: 270-798-8437; Child and Adolescent Psychiatry Service provide treatment for the emotional and behavioral problems of Family members ages 3 through age 17. Services include individual, group and Family therapy, as well as school consultation and parent education. Medication management is also provided.

Installation Chaplain's Office; 3101 Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-798-6124; Hours 0900-1700; 24 Hour Care Line: 270-798-2273

<u>Prevention & Intervention Services:</u> Conflict Resolution and Anger Management Counseling. Also contact your Unit Chaplain for any and all interventions/preventions.

Military Family Life Consultants (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Hours from 0800-2000 Mon-Thurs/0800-1600 Fri

<u>Prevention & Intervention Services:</u> MFLCs can give Anger Management Group Classes at the Unit level by appointment. Unit POC can also contact their embedded MFLC for more information.

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Attention Deficit Disorder

<u>Definition:</u> attention deficit hyperactivity disorder (ADHD or AD/HD) is a neurobehavioral development disorder characterized by the co-existence of attentional problems and hyperactivity

Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY 42223; Central Hospital number - 270-798-8400; Child and Adolescent Psychiatry Service; Location: 2437 21st Street and Indiana Avenue; Phone: (270) 798-8437; http://www.campbell.amedd.army.mil/ Treatment Services: Child and Adolescent Psychiatry Service provide treatment for the emotional and behavioral problems of Family members ages 3 through age 17. Services include individual, group and Family therapy, as well as school consultation and parent education. Medication management is also provided. Hours of Operation: Appointments: Monday-Friday, 0730-1600; Walk-In: Monday, Tuesday, Wednesday, and Friday, 0730-1100 and 1300-1500; Thursday, 0900-1100 and 1300-1500

ACS Exceptional Family Member Program 5661 Screaming Eagle Blvd.; Fort Campbell, KY; Phone: 270-798-2727: Hours 0730 – 1630 Mon-Fri; http://www.fortcampbellmwr.com/
Services: The Fort Campbell Exceptional Family Member Program (EFMP) serves more than 2,600 individuals with special needs. EFMP is a mandatory enrollment program that works in partnership with various military and civilian agencies to provide comprehensive and coordinated community support; housing, educational, and medical support, and personnel services to Families with special needs. An exceptional Family member is a Family member (child or adult) with any physical, emotional, developmental or intellectual disorder that requires special treatment, therapy, education, training or counseling. Army Community Service Exceptional Family Member Program offers advocacy services, IEP assistance, unit/FRG briefings, relocation assistance, respite care for eligible recipients, support groups, holiday and special events, and information and referrals. EFMP also partners with Child Youth and School Services to provide a two-week summer camp for children starting at ages three to adults enrolled in EFMP. Children are allowed to attend the summer camp at no cost to parents.

BACH Exceptional Family Member Program; 650 Joel Drive; Fort Campbell KY; Phone: (270) 956-0614; Location: BACH "C" Building, 3rd Floor; Hours of Operation: Monday, Wednesday, Thursday, & Friday, 0730-1600, Tuesday, 0730-1130; http://www.campbell.amedd.army.mil/ The military's Exceptional Family Member Program is designed to identify Family Members with special needs and make sure that the service member is assigned to a location where the family member's medical needs will be met. An exceptional Family Member (EFM) is defined as an authorized Family Member who may require special medical or educational services based on a diagnosed physical, intellectual, or emotional handicap. An authorized Family Member may be a spouse, child, stepchild, adopted child, foster child, or a dependent parent. Disabilities may range from mild to severe. Considered needs include any special medical, mental health, developmental or educational requirement, wheelchair accessibility, adaptive equipment, or assistive technology devices and services. If someone in your Family qualifies for the program, you are required to enroll in the EFMP. All active-duty Soldiers with OCONUS assignments must schedule a medical records screening for each Family Member. This screening must be completed before Family travel application can be processed. Appointments are scheduled when Soldiers attend their levy briefing or by calling 270-798-8830.



Child Related Issues/Child Abuse

<u>Definition:</u> Substantiated cases of child abuse/neglect where the perpetrator is a member of this unit. Reporting Abuse: Call the Military Police at 270-798-7111/7112 for on post reporting. If a military service member suspects that someone is abusing or neglecting a child, he/she is required by federal and state laws and DoD policy to report it to the Family Advocacy Program immediately. Suspected child abuse or neglect may also be reported by contacting the appropriate state child abuse hotline.

Child Abuse and Neglect

Fort Campbell Abuse reporting (270)798-8601 Kentucky Abuse Hotline (800)752-6200 Tennessee Abuse Hotline (877)237-0004/0026

Suspected child abuse in a DoD-sponsored out-of-home care facility, including child development centers, Family child care, youth programs or DoDDS/DDESS schools, can be reported to FAP or the DoD Child Abuse Safety and Violation Hotline at 1-800-336-4592

Blanchfield Army Community Hospital; Department of Social Work/Family Advocacy Program (FAP); 650 Joel Drive; Fort Campbell, KY 42223; Phone: 270-798-8601; http://www.campbell.amedd.army.mil/

<u>Intervention Services:</u> FAP Social Workers provide interviews, assessments, intervention, and treatment and case management for Families involved with child abuse. Some of the treatment services available include: Anger Management Group, Stress Management Group, Parenting Classes, and Child/Family Counseling.

<u>Intervention Services for Children & Teens</u>: **Child and Adolescent Psychiatry Service**; Location: 2437 21st Street and Indiana Avenue; Point of Contact; 270-798-8437

ACS Family Advocacy Program; Family Resource Center; 1501 William C. Lee Road; Fort Campbell KY 42223; Phone: 270-412-5500; Hours 0730-1630 Mon-Fri

<u>Services for Education and Prevention</u>: FAP provides briefings to Battalion and unit commanders regarding the problems of Family violence and the programs available for assistance. Army Community Service FAP also provides the following classes and group sessions for Families: Anger Management Group, Stress Management Group, Parenting Classes and transitional compensation for abused Family members. http://www.fortcampbellmwr.com/

Child, Youth and School Services; 5668 Wickham Avenue; Fort Campbell, KY 42223; Phone: 270-798-0674; Hours of Operation: Admin-0800-1700 Mon-Fri; Parent Central Service Registration-0800-1900 Mon-Thu, 0800-1700 Fri

<u>Services:</u> Offers assistance to Families in locating childcare for their specific needs for both traditional and non-traditional childcare and maintains several facilities on the installation for childcare purposes. Registration and enrollment of children in all CYSS programs is done at the Parent Central Services office. http://www.fortcampbellmwr.com/

CYSS Kids on Site; 5668 Wickham Avenue; Fort Campbell, KY 42223; Phone: 270-956-4381 Services: On-site hourly daycare for groups within the same building where parents are attending a function or immediate adjacent to the parents function. Registration with CYSS is required for services. Coordination for childcare must be made with the KOS office at least 2 weeks in advance prior to the event. One week's notice required to submit the list of children's names for care to ensure active registration. To get your building approved for an evening child care site call 270-798-4643 and

we will work with you, Fire, Health and Safety to get this accomplished. All children attending Kids on Site need to be registered through Parent Central Services. Currently there are no fees charged to parents for childcare while attending FRG meetings. For further information on events that require payment please call 270-798-4643. http://www.fortcampbellmwr.com/

Armed Services YMCA Family Center; 3068 Reed Street & 5660 Screaming Eagle Blvd (Backdoor Boutique); Fort Campbell, KY; Phone 270-798-7422; Hours 0830-1600

<u>Services:</u> Operation Hero is an after school tutoring/mentoring program conducted at Fort Campbell Schools. The Co-op Daycare operates from 0900-1500 and it allows for members to volunteer in exchange for free daycare. Other programs include Tumble Tots, ABC & 123's Program, Lunch N Play, Discover Art, Little Amigos Spanish classes, & Krafty Kids arts program. Their outreach includes an area to reserve for Unit FRG meetings and briefings.

ACS New Parent Support Program; Family Resource Center; 1501 William C. Lee Road, Fort Campbell, KY; Phone: 270-956-3850

<u>Services:</u> Provides supportive and caring services to military Families with children birth up to three years of age. Through a variety of voluntary programs, including home visits, classes and groups the new parent support program helps Families cope with stress, isolation, post deployment reunions and everyday demand of parenthood. Specific services are home visits; Parents of Multiples support group, First time Expectant Parent Workshop & Play Mornings. http://www.fortcampbellmwr.com/

Taylor Youth Services & Youth Sports; 80 Texas Avenue; Fort Campbell, KY 42223; Phone: 270-798-3643: Hours of Operation – 0530-1900 Mon-Fri

<u>Services:</u> Provides social interaction in a wide range of recreational and developmental activities for youth, grades K-12. Registration and physicals are required for all activities. http://www.fortcampbellmwr.com/





<u>Definition:</u> The expected and predictable emotional, intellectual, physical, and/or behavioral reactions of Service members who have been exposed to stressful events in war or military operations other than war. Combat stress reactions vary in quality and severity as a function of operational conditions, such as intensity, duration, rules of engagement, leadership, effective communication, unit morale, unit cohesion, and perceived importance of the mission

Chaplain Services Battle-mind Training: Installation Chaplain's Office; 3101 Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-798-6124

<u>Prevention Services:</u> Battle-mind training is "the Soldier's inner strength to face fear and adversity with courage." Key components include self confidence and mental toughness.

Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY 42223; Central Hospital Number - 270-798-8400; http://www.campbell.amedd.army.mil/

<u>Intervention Services</u>: Services to help with intervention include Adult Behavioral Health – 270-798-4097/4269, Child, Adolescent Psychiatry Service - 270-798-8437, ASAP -270 412-6883

ACS Spouses Battle-mind Training; Family Resources Center; 1501 William C. Lee Road; Fort Campbell, KY 42223; Phone: 270-798-4408

Prevention Services: Provide Battle-mind training for spouses. http://www.fortcampbellmwr.com/

Military Family Life Consultants (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon—Thurs/0800-1600 Fri Intervention and Prevention Services: MFLCs can give Anger Management Group Classes at the Unit level by appointment. Unit POC can also contact their embedded MFLC for more information.

Warrior Adventure Ouest: 6645 101st Airborne Division Road; Fort Campbell, KY 42223; Phone: 270-798-4620; http://www.fortcampbellmwr.com/

Prevention Services: The WAO is a vehicle to assist Soldier re-integration, empower small-unit leaders, maintain combat readiness, and rebuild unit cohesion. Activities currently include Mountain Biking, and Paintball, Challenge Course, Adventure Race, Skeet. The WAQ program provides Resiliency Training (the U.S. Army Psychological Resiliency Building Program) in order to assist Soldiers by introducing constructive stress outlets as coping skills. The cost of the program is free to Units/Platoon size elements only. Requirements include each participant must complete pre & post survey and two Soldiers must attend a leadership training.



Crimes

Definition: This topic includes crimes against persons i.e. simple assault, aggravated assault, murder, robbery, etc. and crimes against property to include housebreaking/burglary, auto theft, arson, damage to property, and vandalism.

Crimes Against Persons

Installation Provost Marshal Office U.S. Army MP; 123 Forrest Road; Fort Campbell, KY 42223; Phone: 270-798-7113/6774

Services: Provide Unit Commanders with assistance in performing Health and Welfare inspections utilizing Military Police Investigations and Military Working Dog assets. The service can be a valuable asset to commander in identifying problems such as possession of stolen property, and possession of other contraband.

Physical Security Office; 123 Forrest Road; Fort Campbell, KY 42223; Phone: 270-956-4345 Prevention Services: Can assist the commander in stimulating appropriate crime prevention attitudes, procedures and behavior. Assist in protecting potential victims or property from criminal acts by eliminating or reducing opportunities for the act to occur. Help in discouraging potential offenders from committing criminal acts.

Off Post Agencies

- 1. Clarksville Police Department: Administrative Division; 135 Commerce Street; Clarksville, TN 37040; 931-648-0656
- 2. Montgomery County Sheriff's Department; Administrative Division; 120 Commerce Street; Clarksville, TN 37040; 931-648-0611
- 3. Oak Grove Police Department: Administrative Office; 8505 Pembrooke-Oak Grove Road; Oak Grove, KY; 270-439-4602
- 4. Hopkinsville Police Department: Administrative Office; 112 West First Street; Hopkinsville, KY; 42240; 270-890-1500

5. Christian County Sheriff's Department: Administrative Office; 216 West 7th Street; Hopkinsville, KY; 42240; 931-887-4143

Crimes Against Property

Installation Provost Marshal Office U.S. Army MP; 123 Forrest Road; Fort Campbell, KY 42223; Phone: 270-798-7113/6774

<u>Services:</u> Contact the POC to receive information regarding physical security inspections of unit areas and motor pools, security analysis of parking areas including lighting improvements, and general suggestions on how to make offices and common areas less attractive to criminals. Also provide unit commanders with assistance in performing Health and Welfare inspections utilizing Military Police Investigations and Military Working Dog assets. The service can be a valuable asset to commander in identifying problems such as possession of stolen property, and possession of other contraband.

Physical Security Office, 123 Forrest Road: Fort Campbell KY 42223; Phone: 270-798-3990 Services: Contact the POC to receive information regarding physical security inspections of unit areas and motor pools, security analysis of parking areas including lighting improvements, and general suggestions on how to make offices and common areas less attractive to criminals. Also provide unit commanders with assistance in performing Health and Welfare inspections utilizing Military Police Investigations and Military Working Dog assets. The service can be a valuable asset to commander in identifying problems such as possession of stolen property, and possession of other contraband.

Fire Investigations, Fire & Emergency Services; 1747 Kentucky Ave.; Fort Campbell KY 42223; Phone: 270-798-7171

<u>Services:</u> Every fire on Fort Campbell needs to be reported IAW CAM Reg 420-24. Fires discovered after the fact can be reported to Fire & Emergency Services to have an investigator follow up. Fire & Emergency Services also provides Juvenile Fire-setter Intervention. If you may have a problem with a juvenile fire-setter you can call and make an appointment with one of interventionist.

Off Post Agencies

- 1. Clarksville Police Department: Administrative Division; 135 Commerce Street; Clarksville, TN 37040; 931-648-0656
- 2. Montgomery County Sheriff's Department; Administrative Division; 120 Commerce Street; Clarksville, TN 37040; 931-648-0611
- 3. Oak Grove Police Department: Administrative Office; 8505 Pembrooke-Oak Grove Road; Oak Grove, KY; 270-439-4602
- 4. Hopkinsville Police Department: Administrative Office; 112 West First Street; Hopkinsville, KY; 42240; 270-890-1500
- 5. Christian County Sheriff's Department: Administrative Office; 216 West 7th Street; Hopkinsville, KY; 42240; 931-887-4143



<u>Definition:</u> Set of procedures applied in handling, containment, and resolution of an emergency in planned and coordinated steps; http://www.campbell.army.mil/services/crisis/Pages/default.aspx

Support Groups: http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx

American Red Cross; Fort Campbell Office 2401 Indiana Avenue; Phone 270-798-2171 Emergency After Hours Phone 1-877-272-7337; Hours 0800-1630 Mon-Fri

<u>Support Services</u>: ARC serves as the link between military and civilian worlds. They provide emergency communications between Soldiers and their Families as well as reporting service for emergency leave, personal and other family problems. This is the link to the national Messaging Center to inquire on the status of a Red Cross message. Emergency Leave and Army Emergency Relief are usually unavailable without Red Cross validation.

Blanchfield Army Community Hospital Fort Campbell Fisher House; 652 Joel Drive; Fort Campbell, KY 42223; Phone: 270-798-8330; Hours of Operation 0800-1630 Mon-Fri; http://www.campbell.amedd.army.mil/

<u>Support Services:</u> Offers Soldiers and Families a home to reside in while getting treatment at BACH. Because members of the military and their Families are stationed worldwide and must often travel great distances for specialized medical care, Fisher HouseTM Foundation donates "comfort homes," built on the grounds of major military and VA medical centers. These homes enable Family members to be close to a loved one at the most stressful time - during the hospitalization for an unexpected illness, disease, or injury.

Soldier Family Assistance Center (SFAC); 2433 Indiana Ave.; Fort Campbell, KY; Phone: 270-412-6000; Hours of Operation 0730-1630 Mon-Fri

<u>Support Services:</u> Provides Soldiers assigned to the Warrior in Transition Unit who are ill, injured or wounded with the support they need to heal and transition back to their unit or civilian life. The SFAC provides WTs and their Families with financial services, education counseling, social services, employment assistance, family advocacy, ACS services, military personnel services, VA assistance, chaplain services, information and referral services. Childcare is provided on site



<u>Definition:</u> Death of unit personnel due to natural or accidental death including suicide. Resources also included for Family members.

Support Groups: http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx

Casualty Assistance Center, 2578 23rd Street; Fort Campbell, KY; Phone: 270-412-5729 Support Services: Provide casualty notification and assistance and Military funeral honors for all active duty Army, Reserve and National Guard for the state of Tennessee and the 51 southern counties in Kentucky. Additionally, assist active duty Soldiers in the event of loss of spouse or child.

ACS Survivor Outreach Services; 2703 Michigan.; Fort Campbell, KY; Phone: 270-798-0272 Support Services: To help survivors of fallen warriors both OCONUS and CONUS. Benefits SOS is to provide enhanced services to these Families. This is a holistic and multi-agency approach to delivering services to Survivors by providing services at the Garrison and communities closest to where Families live. http://www.fortcampbellmwr.com/

Chaplain Services Family Life Center, 2402 Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-798-3316; Hours of Operation: 0900-1700 Mon-Fri

<u>Support Services:</u> The Family Life Chaplains provide a full spectrum of counseling that covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel.

Military Family Life Consultants (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon-Thur/0800-1600 Fri

<u>Support Services:</u> MFLCs can give Anger Management Group Classes at the Unit level by appointment. Unit POC can also contact their embedded MFLC for more information. MFLCs work directly with Army Community Service (ACS) to provide non-medical, short term, situational, problem solving counseling services. The MFLC program addresses concerns and issues facing people who are having trouble coping with everyday issues, as well as challenges with the military lifestyle. This program helps Soldiers and their Families cope with normal reactions to the stressful events created by deployments, war, and reintegration. The MFLC services are confidential, free of charge, and are offered by walk-in or appointment.

Blanchfield Army Community Hospital Grieving Parents: 650 Joel Drive; Fort Campbell, KY 42223; Phone: 270-798-8777. http://www.campbell.amedd.army.mil/

<u>Support Services:</u> BACH offers a Parents Helping Parents Grieving Parents Support Group for anyone who has lost a child. The Support Group meets on the first Monday of each month from 7 until 9 p.m. in the Hospital Chapel, building "A", 0 Level. The Grieving Parents Support Group is designed to be a safe place for those who know your special grief.

Dental Issues

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Definition: Dental issues include, tooth decay, Gum Disease, Root Canal, Mouth injuries, Wisdom Teeth, and teeth cleanings. Soldiers and Family members are encouraged to sign-up for the TriCare Active Duty Family Member Dental Plan which is a voluntary dental plan available to members of all active duty and active guard/reserve personnel. TriCare Enrollment 888-622-2256

- 1. BACH Dental Clinic; 650 Joel Drive; Fort Campbell, KY; Phone: 270-798-8240; After hours 270-798-8240
- 2. Dental Activity Headquarters; 2441 21st Street & Kentucky Ave.; Fort Campbell, KY; Phone 270-798-8751
- 3. Epperly Dental Clinic; 3603 Indiana Ave & 49th Street; Fort Campbell, KY; Phone: 270-798-3544/3675
- 4. LaPointe/Kuhn Dental Clinic; 5979 35th & Desert Storm; Fort Campbell, KY; Phone: 270-956-0350
- 5. In & Out Processing Center Dental Clinic #4; 2577A Screaming Eagle Blvd; Fort Campbell, KY; Phone: 270-798-3353/3557
- 6. Taylor Dental Clinic; 5580 Desert Storm & Air Assault; Fort Campbell, KY; Phone: 270-798-6362/5429

Deployment Readiness

<u>Definition:</u> Deployment services are educational and support programs which assist Soldiers, Family members and deploying commands to successfully manage the separation / reunion cycles associated with military duty.

Support Groups: http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx

ACS Mobilization/Deployment Program; 1501 William C. Lee Road; Fort Campbell, KY 42223; Phone: 270-798-3849/412-3195; Hours 0730-1600

<u>Support Services:</u> Responsible for all phases of deployment and Pre-deployment Cycle Support. Works with all Family Readiness Groups on the installation to ensure they are in a constant state of readiness and in compliance with Regulations. Links Families with their specific unit FRG and assists with referrals. Operation READY workshops are available. Also responsible for CARE Team Training; Spouse Battle-mind Training; and implementing the Family Assistance program. http://www.fortcampbellmwr.com/

Soldier Readiness Processing Site; Dreyer Field House; 2604 Screaming Eagle Blvd; Fort Campbell, KY 42223; Phone: 270-798-5696/5691; Hours 0800-1500

Intervention & Prevention Services: Units must prescreen and send Soldiers with 2766C. The SRP site provides care for active duty Soldiers and DOD/DAC and Civilian Contract Employees in Pre-and Post Preparation for Deployment, Reintegration, and Post-Deployment Health Reassessment SRPs and Readiness SRPs for units requesting one prior to JRTC or other field exercise training. Medical Records are the only requirement for Deployment SRPs. Memorandum of Instruction is required by the unit requesting support. Scope of services include: All deployment related Health Assessments, related vaccinations, and lab work. Please call for an SRP schedule.



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<u>Definition:</u> Providing legal advice to units regarding Soldier disciplinary action. <u>http://www.campbell.army.mil/campbell/SJA/Pages/Legal.aspx</u>

Criminal Law Division; Office of the Staff Judge Advocate; 125 Forrest Road; Fort Campbell, KY Phone: 270-798-0897

<u>Services:</u> Reports on the number of Company and Field-Grade administrative disciplinary action (non-judicial) in each reporting unit and able to discuss how statistics were derived, provides legal advice to the requesting unit.

Drug Involvement

<u>Definition:</u> Possession, sale, or distribution of illicit substances -- which includes individuals identified through a positive urinalysis. (Request for assessments/treatment of specific individuals should be directed to your unit ASAP counselor; call 270-412-6883, for assistance.)

Army Substance Abuse Program (ASAP Clinical); 2526 22nd Avenue; Ft. Campbell, KY; 270-798-4411

<u>Prevention & Intervention Services:</u> The Army Substance Abuse Program offers substance abuse counseling, prevention classes, urinalysis testing, risk reduction consultation for active duty Soldiers, retired military personnel and their Family members.

Alcohol and Substance Abuse Prevention Program (ASAP Prevention & Education); 234 Bastogne, Fort Campbell, KY; Phone: 270-412-0080/0081/0082

<u>Prevention & Education Services:</u> A wide range of prevention/education classes are available for unit level classes. In addition, periodic train-the-trainer classes are available which provides lesson plans and other training materials to designated unit-level instructors. There are also many resources (books, pamphlets, films, audio tapes, etc.) available for check out from the ASAP Resource Library.

Installation Provost Marshal Office U.S. Army MP; 123 Forrest Road; Fort Campbell, KY 42223; Phone: 270-798-7113/6774

<u>Support Services:</u> Can provide unit commanders with assistance in performing Health and Welfare inspections utilizing Military Police Investigations and Military Working Dog assets. This service can be a valuable asset to commanders in identifying problems such as possession of stolen property, drug possession and possession of other contraband.

ASAP Drug Testing Collection Point (DTCP): ASAP/DTCP; 234 Bastogne Avenue; Fort Campbell KY 42223; Phone: 270-798-7270

<u>Support Services</u>: This organization supplies units with drug testing supplies and is the place that Unit Prevention Leaders turn urine samples in for quality assurance checks prior to shipment of samples to the Forensic Toxicology Drug Testing Laboratory at Fort Meade, MD. In addition the DTCP also releases results of urinalysis testing to commanders.



Definition: The frustration of not being able to find a job specifically for spouses can cause Families financial hardship and depression.

ACS Family Employment Readiness Program; 5661 Screaming Eagle Blvd; Fort Campbell; Phone: 270-798-4289/4412; Hours 0800-1600 MTWF 1230-1530 Thurs

<u>Support Services:</u> The FERP and Spouse Employment Partnership (ASEP). The FERP provides information and services in the areas of career planning and job search through workshops, seminars, Army Spouse Career Assessment Toll and one-on-one counseling. ASEP between the Army and Corporate partners provide opportunities in training and employment for Spouses. http://www.fortcampbellmwr.com/

ACS Job Information Center; 5661 Screaming Eagle Blvd; Fort Campbell, KY; Phone: 270-798-4412/NAF Job Hotline 270-798-3894; Hours 0800-1600 MWF 1230-1600 Thurs

<u>Support Services:</u> JIC provides employment and assistance for Appropriated Fund (AF) (Civil Services) and Non-appropriated Fund (NAF) in an automated listing of vacancy announcement on the NAF Job Hotline. http://www.fortcampbellmwr.com/

ACS Volunteer Program; 5661 Screaming Eagle Blvd; Fort Campbell, KY; Phone: 270-412-6771/798-0513; Hours Vary

<u>Support Services:</u> Volunteers are offered the opportunities to be a part of a team working to improve the quality of life and the well-being of Soldiers and Families of the Fort Campbell Community and a chance to learn valuable employment skills. Limited childcare available. http://www.fortcampbellmwr.com/



Family Related Issues/Resources

Definition: Conflicts are a part of family life. Many issues can lead to conflict, such as illness, disability, addiction, job loss, relocation, school difficulties and marital problems.

Support Groups: http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx

BACH Marriage & Family Therapists; Blanchfield Army Community Hospital; 2523 22nd Street; Fort Campbell, KY 42223; 270-798-8601; http://www.campbell.amedd.army.mil/ Intervention Services: The Marriage and Family Therapists are specially trained counselors in relationship issues of couples and Family problems. Individuals may walk-in or call for an appointment. Scope of services includes individual, couples, Family, and group counseling.

Chaplain Services Family Life Center, 2402 Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-798-3316; Hours of Operation: 0900-1700 Mon-Fri
Intervention & Prevention Services: The Family Life Chaplains provide a full spectrum of counseling

<u>Intervention & Prevention Services:</u> The Family Life Chaplains provide a full spectrum of counseling that covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel.

Military Family Life Consultants (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon-Thur/0800-1600 Fri

<u>Prevention & Education Services:</u> MFLCs can give Anger Management Group Classes at the Unit level by appointment. Unit POC can also contact their embedded MFLC for more information. MFLCs work directly with Army Community Service (ACS) to provide non-medical, short term, situational, problem solving counseling services. The MFLC program addresses concerns and issues facing people who are having trouble coping with everyday issues, as well as challenges with the military lifestyle. This program helps Soldiers and their Families cope with normal reactions to the stressful events created by deployments, war, and reintegration. The MFLC services are confidential, free of charge, and are offered by walk-in or appointment.

ACS Soldier Family Assistance Center (SFAC); 2433 Indiana; Fort Campbell, KY; Phone: 270-412-6000; Hours of Operation 0730-1630 Mon-Fri

<u>Support Services:</u> Provides Soldiers assigned to the Warrior in Transition Unit who are ill, injured or wounded with the support they need to heal and transition back to their unit or civilian life. The SFAC provides WTs and their Families with financial services, education counseling, social services, employment assistance, family advocacy, ACS services, military personnel services, VA assistance, chaplain services, information and referral services. Childcare is provided on site. http://www.fortcampbellmwr.com/

ACS Army Family/Teen Team Building Program; 1501 William C. Lee Road; Fort Campbell, KY; Phone: 270-798-4800; Hours 0730-1600 M-F

<u>Support & Education Services:</u> AFTB offers personal and professional development classes free of charge to any person associated with the military. Soldiers E5 and below can earn up to 4 promotion points for taking 40 hours of training through AFTB. Classes offered monthly and Unit briefs and classes for FRGs are available upon request. http://www.fortcampbellmwr.com/

ACS Army Family Action Plan (AFAP); 1501 William C. Lee Road; Fort Campbell, KY; Phone: 270-798-2063; Hours 0730-1600 M-F

<u>Services:</u> this is annual conference designed to improve the overall quality of life and well-being for all Family members of the Total Army Family. Issues from the conference are sent to DA for consideration. http://www.fortcampbellmwr.com/

ACS Family Resource Center (FRC); 1501 William C. Lee Road, Fort Campbell, KY; Phone: 270-956-2935; Family Assistance Call Line: 866-252-9391; Hours 0730-1630 M-F

<u>Support Services:</u> The Family Assistance Call Line provides Family related information to ensure Family members are informed during major deployments. The FRC is a one stop shop for all Family Readiness Groups (FRG) and their Family members. The FRC provides computers internet services, copy machines, video conference rooms and meeting rooms to hold a variety of FRG functions. The FRC is home to Army Community Services Family Programs. http://www.fortcampbellmwr.com/

ACS Relocation Readiness Program; 5661 Screaming Eagle Blvd; Fort Campbell, KY; Phone270-956-2676/6313/0513; Hours 0800-1600 Mon-Wed & Fri; 0930 – 1600 on Thursday Support Services: "Plan my move" is an automated information system designed to provide relocation information for all military installations within CONUS and OCONUS. Website is www.militaryonesource.com. Other programs include Newcomers Orientation; Eagle Family Welcome; Smooth Move Briefings; Resources Center; Individual Relocation Counseling; Waiting Families Support; International Spouses support; Citizenship Classes; English as a Second Language classes; and Sponsorship Training. http://www.fortcampbellmwr.com/

Financial Issues

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Definition: A risk factor related to the family's inability to provide sufficient financial resources to meet minimum needs; http://www.campbell.army.mil/services/crisis/Pages/FinancialIssues.aspx

ACS Army Emergency Relief (AER); 5662 Screaming Eagle Blvd.; Fort Campbell, KY 42223; Phone: 270-798-5518; Hours of Operation – 0800-1630

<u>Support Services</u>: Financial Assistance for Active Duty, Family members and retirees. Assistance will be provided as a non interest bearing loan, a grant or a combination of both. Types of emergencies covered include non-receipt of or loss of funds; medical, dental and hospital expenses; funeral expenses for immediate Family members; travel expenses related to emergencies; rent, food, utilities, vehicle insurance and unexpected vehicle repair. http://www.fortcampbellmwr.com/

ACS Financial Planning Office; 5662 Screaming Eagle Blvd; Fort Campbell, KY 42223; Phone: 270-798-5518

<u>Support Services:</u> Provides classes and briefings on a variety of financial subjects and individual financial counseling. Will come to units to give classes. http://www.fortcampbellmwr.com/

Military Family Life Consultants (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon-Thurs/0800-1600 Fri

<u>Support Services:</u> Financial MFLCs on the installation are available to give individual financial counseling and provide financial/budgeting classes to Soldiers at the request of the Unit.

ACS Consumer Affairs Office; 5662 Screaming Eagle Blvd; Fort Campbell, KY; Phone: 270-798-5528; Hours 0800-1630

<u>Support Services:</u> CAO provides one-stop services for prevention assistance such as pre-purchase advise on large purchases and vehicles, reviews contracts and leases, acts as a Consumer Advocate, educates consumers on rights and obligations, how to buy a house, and educational classes on consumer issues. http://www.fortcampbellmwr.com/

ACS Lending Closet; 5661 Screaming Eagle Blvd; Fort Campbell, KY; Phone: 270-798-6313/0513/956-2676; Hours 0800-1600

<u>Support Services:</u> Items such as pots and pans, dishes, irons, car seats, baby cribs, sleeping mats, high chairs, tables and chairs, and electric appliances are available for temporary loan for 30 days. Services are provided for transitioning active duty and Family members but need a copy of PCS orders and military ID. http://www.fortcampbellmwr.com/

Health Related Issues/Injuries

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<u>Definition:</u> Includes all injuries that require medical attention and result in one or more duty days lost. Also includes Health Services Resources that are available. http://www.tricare.mil/
Tricare Information: http://www.tricare.mil/

Installation Safety Office; Phone: 270-798-5869

<u>Support Services:</u> The Installation Safety Office (ISO) advises, and assists commanders on all matters concerning accident prevention. Each unit is required to appoint a safety representative who is required to be trained by the Safety Office on principles of effective safety practices, IAW AR 385-10, chapter 2. Contact your Unit Safety POC at the ISO for further information.

Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY; Phone: 270-798-8400/8388/8410; Appointments: 931-431-4677; TRICARE 888-363-2277 Info Services; Admissions & Dispositions 270-798-8287/8289. http://www.campbell.amedd.army.mil/

<u>Primary Intervention/Prevention/Education Support Services</u>: A state of the art medical facility providing full services in Healthcare and Well-being. Departments/Clinics are listed with phone numbers:

- 1. Allergy-Immunology Services: 270-798-8255
- 2. Asthma Education Center: 270-956-0141
- 3. Dermatology Services: 270-798-8345
- 4. ENT Clinic Otolaryngology Services: 270-798-8131
- 5. Emergency Center: 270-798-8000
- 6. Environmental Health Services: 270-798-8695/8719
- 7. Gastroenterology: 270-956-0259
- 8. General Surgery: 270-798-8407
- 9. Head & Neck Surgery Services, ENT: 270-798-8131
- 10. Immunization Clinic: 270-798-8400 ext 5388
- 11. Industrial Hygiene Section: 6903 Desert Storm Ave; Fort Campbell, KY 270-798-8693/8695
- 12. Infection Prevention & Control Program: 270-798-8309 pager 270-870-0111
- 13. Labor, Delivery & Recovery: 270-798-8219
- 14. Laboratory/Department of Pathology: 270-798-8114
- 15. Lactation Services: 270-956-0210
- 16. Medical Records Section: 270-798-8290
- 17. Medical Evaluation Board: 270-798-8265

- 18. Mother and Baby Unit: 270-798-8090
- 19. OB/GYN Clinic: 270-798-8892
- 20. Occupational Health Clinic: 270-956-0202
- 21. Occupational Therapy: 270-798-8085
- 22. Ophthalmology Clinic: 270-798-8900
- 23. Oral/Maxillofacial Surgery: 270-798-8240
- 24. Orthopedic Clinic: 270-798-8426/8375
- 25. Patient Representative/Advocacy: 270-8091/8718
- 26. Patient Tracking & Sir Evacuations: 270-956-0328
- 27. Pharmacy: 270-798-8075/8076
- 28. Physical Medicine & Rehabilitation (Pain) Clinic; 270-798-8166
- 29. Self Care Classes: 270-956-0100
- 30. Town Center Pharmacy: 270-956-0191
- 31. Podiatry Clinic: Appt Line 270-798-8375/8426/8325/Surgery Scheduling 270-798-8621
- 32. Primary Clinics: White & Blue/Gold/Young Eagle Clinics--270-798-4677/431-4677
- 33. Radiology: 270-798-8333
- 34. Respiratory Protect Program: 270-956-0110/0113
- 35. Same Day Surgery: 270-798-8143
- 36. School/Sports Physicals: 270-798-4677/431-4677
- 37. Travel Medicine Clinic: 270-956-0202
- 38. Tuberculosis Screening Clinic: 2506 24th Avenue and Indiana; 270-956-0100
- 39. Urology Clinic: 270-798-8403
- 40. Warfighter Refractive Eye Surgery Center: 270-956-0775
- 41. Warrior Care Clinic; Carentan Clinic: 270-798-8586/956-0774

<u>Soldier Health Services</u> encompasses the LaPointe Health Clinic (A Shau Valley, Bastogne & Carentan Medical Clinics), Aviation Health Clinic, SRP Site, Medical Examination, Optometry, Chiropractic care and ancillary services. The mission of Soldier Health Services is to provide world-class quality healthcare, minimize patient wait time, treat patients and staff with respect while expeditiously returning Soldiers fit for duty and to assist Soldiers with any issues they may have regarding accessing health-care. The following are the clinics associated with Soldier Health Services:

<u>Soldier Health Services Headquarters</u>; Phone: 270-956-0312; Location: LaPointe Health Clinic, Bldg 5979, Desert Storm Avenue; Hours of Operation: Monday-Friday, 0630-1530 (Active Duty) Appointments can be made by calling their unit's clinic listed below.

<u>A Shau Valley Clinic</u>; Phone: 270-412-3535/3541; Hours of Operation: Monday-Friday, 0630-1530; Provides primary care services to active-duty Soldiers of 2nd and 3rd BCTs.

<u>Bastogne Clinic</u>; Phone: 270-412-0091/0092; Hours of Operation: Monday-Friday, 0630-1530 Provides primary care services to active-duty Soldiers of 1st and 4th BCTs.

<u>Carentan Clinic</u>; Phone: 270-412-3745; Location: 5977 Desert Storm Ave; Hours of Operation: Monday-Friday, 0630-1530

Provides primary care services to active-duty Soldiers of 101 Sustainment Brigade, HHB, 101st (Div), NCOA, Garrison units, 86 CSH, Military Police Battalions, EOD, 20th Replacement, Warrior Transition Battalion Cadre, 102nd Quartermaster, 326 ENG Brigade, 106th Transportation, 101st Finance, Recruiting Units (all branches of service), and National Guard and Army Reserve Soldiers.

Aviation Health Clinic; Phone: Main Clinic Line: (270) 412-8688; Physical Appointments Line: (270)

412-8387; Location: 7149 Blacksheep Run; Hours of Operation: Monday-Friday, 0630-1530 Provides primary care services to active-duty Soldiers of the 101st CAB, 159th CAB, 19th ASOS and civilian ATC.

<u>Audiology Clinic</u>: Phone: 270-956-0305; Location: Collocated with LaPointe Hearing Conservation Clinic; Hours of Operation: Monday-Friday, 0630-1530; Unit Testing, Monday-Thursday LaPointe Audiology Clinic is collocated with the Hearing Conservation clinic and provides care for active-duty Soldiers and civilian employees enrolled in the hearing conservation program. Appointments in this clinic are by referral only from LaPointe Hearing Conservation Clinic. Patients should always bring medical records to Audiology appointments. Scope of services: Comprehensive hearing evaluations, hearing aid fittings, hearing aid repair, ear mold fabrication for custom fit hearing protection devices, and health education.

<u>Hearing Conservation Clinic</u>; Phone: 270-956-0305; Hours of Operation: Physical Exam Walk-In Hours: Monday-Friday, 0630-0845; SRP Walk-In Hours: Monday-Friday, 1000-1030; Unit testing is available by appointment Monday-Friday

LaPointe Hearing Conservation Clinic provides care for active-duty Soldiers and civilian employees enrolled in the Hearing Conservation Program. Medical records are preferred, but are not mandatory. Unit hearing readiness testing must be scheduled in advance by the unit ESO, hearing conservation representative or other unit representative. Hearing readiness tests are not provided on a walk-in basis due to the high volume required. Scope of services: Walk-in hearing screening exams for physicals, SRP requirements, hearing protection device fitting, hearing conservation classes, and health education.

<u>Chiropractic Clinic</u>: Phone: 270- 956-0250; Location: LaPointe Carentan Clinic; Hours of Operation: Monday-Friday, 0630-1530, by appointment only

Provides chiropractic care services to active-duty Soldiers only. Patients must contact the Chiropractic Clinic appointment desk for either initial or follow-up appointments. Initial appointment requires a specialty consult from a referring provider. Chiropractic care consists of conservative non-pharmacological, non-surgical management and treatment of neuromusculoskeletal conditions by manual techniques to the osseous and related soft tissues (neuro-musculo-skeletal). Treatment additionally may consist of physiologic therapeutics, structural supports, corrective devices, advice on exercise, preventive care, nutritional support and home care for patient wellness.

<u>Laboratory</u>: Phone: 270-956-0309; Hours of Operation: Monday-Friday, 0630-1515

There are a few tests that require preparation before you are seen for your blood work, such as fasting 12-15 hours before a glucose or cholesterol test. Your provider will explain exactly what is needed at the time the tests are ordered. All results will be released to the healthcare provider who ordered the tests. You may contact your clinic or your provider to receive your results.

<u>Optometry Clinic;</u> Phone: 270- 956-0304; Hours of Operation: Monday-Friday, 0630-1130 and 1230-1530

LaPointe's Optometry Clinic provides care for active-duty Soldiers. Call 270-956-0304 for an appointment or for walk-in care for acute eye injuries, eye infections, eye problems of sudden onset, filling out the eye portion of physicals and driver's license forms. Patients should always bring their medical records and all glasses to each and every visit to the eye clinic. Contact lenses should not be worn for at least two hours prior to any full eye exam. Active duty who wear glasses are required to have two pair of clear glasses and one pair of inserts in good condition at all times. One of the pairs of glasses can be civilian glasses. Scope of services: Eye exams for glasses, evaluation and treatment of eye injuries and infections, the eye portion of physicals, filling out of driver's license forms, and

ordering of military glasses and inserts. Visual fields, ocular photos, and corneal topography are available but only with an optometrist's approval. Industrial safety glasses can be ordered with appropriate funding documents. Walk-in ordering of glasses/inserts is available for any duty week day except Thursdays from 0900-1100 and 1300-1500. Medical records are required. Any glasses prescription less than two years old that still provides good vision can be duplicated.

<u>Nutrition Clinic</u>; Phone: 270-956-0134; Location: LaPointe Health Clinic; Hours of Operation: Monday-Friday, 0730-1600; Provides primary care services to active-duty Soldiers only. Scope of services: Nutrition counseling and classes for weight loss and weight gain, high cholesterol, high blood pressure, sports nutrition, eating disorders, and other nutrition-related illnesses. All soldiers with Diabetes must be seen at the BACH Nutrition Clinic. Active Duty Weight Control Classes are offered two or more times per month, and may be scheduled by calling (270) 956-0314.

Pharmacy; Phone: 270-956-0313; Hours of Operation: Monday-Friday, 0700-1830

The Pharmacy provides pharmaceutical care to active-duty Soldiers. Any formulary medication not stocked at the LaPointe Pharmacy can still be obtained at BACH Pharmacy. Refilled medications should be called-in by dialing 798-3784 and picked-up at the Town Hall Pharmacy located at the PXtra Mall across from the Post Office on Michigan Ave. Curtailed pharmacy service occurs during DONSAS. BACH Pharmacy is still available for pharmaceutical care if needed.

Physical Examination/Central Medical Processing Station; Phone: 270-956-0307/270-798-8704

Hours of Operation: Normal Hours: Town Monday-Friday, 0630-1530; CMPS Clearing Hours: Monday-Friday, 0900-1115 and 1230-1500; Readiness Immunizations Walk-In Hours: Monday-Friday, 0900-1115 and 1230-1500 (Readiness shots only); Physical Exam/CMPS will be closed from 1430-1530 on the first Monday of every month for clinic meeting. Physical Exams' section provides: Over-40, Separation, Chapters, Expiration Term of Service, Retirement, Airborne, Ranger, Special Forces, Commissioning, DODMERB, Drill Sergeant, VA Retirement and ETS, General Officer and Green to Gold Physicals for active duty military. Call for clarification and appointment types and times. ETS Physicals must be completed no earlier than four months and no later than one month prior to ETS date. For all VA Physicals coordinate scheduling through the VA Representatives at the ACS Building at 270-798-0267/0269. The new annual Physical Health Assessment, replacing the old periodic exams, is scheduled in your primary care clinics. Involuntary Separations (Chapters) now only require a Separation Health Assessment except for Chapters 13, 14-12 and 15 which still require full exams. All soldiers out processing need to come in at least three days prior to their final out date to allow for PPD placement and PPD reads.

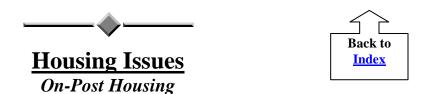
<u>Physical Therapy;</u> Phone: 270-956-0306; Hours of Operation: Monday, Tuesday, Wednesday and Friday, 0630-1130 & 1230-1530 Thursday, 0630-1130

Physical Therapy focuses on treating patients who have musculoskeletal pain, injuries and/or diseases. After receiving a referral from a healthcare physician or PS, call or walk-in to the clinic to schedule an appointment. The clinic offers two self or healthcare provider referral education classes for patients with non-traumatic/chronic back or knee pain. Back Class and Knee Class, call (270) 956-0306 or (270) 798-8102 to schedule an appointment. The Physical Therapy staff educates and promotes health, fitness and injury prevention among interested portions of the population. Unit level classes offered include: Running Shoe Selection, Injury Prevention/Control, and Alternative Physical Training "Strengthening the Core." Unit representatives should call (270) 956-0306 or (270) 798-8102 to schedule.

Radiology: Phone: 270-956-0308; Hours of Operation: Monday-Friday, 0630-1530

LaPointe Radiology services active-duty patients for radiographs. The following procedures: Fluoroscopy, CT, MRI, and Ultrasound can be scheduled by having the patient come to the Radiology Section at LaPointe Health Clinic.

<u>Reception and Medical Records</u>; Phone: 270- 956-0318; Hours of Operation: Normal Hours: 0630-1530; In/Out-Processing: 0900-1115 and 1230-1500 (orders, clearing papers)



<u>Definition:</u> The Military Personnel Occupancy Agreement (MPOA) and the Resident Guide outlines the responsibilities for qualified Military Families to reside at Campbell Crossing. There are situations as outlined in the Resident Guide which describes specific requirements/living expectations for each Resident. If the living standards are not being met Residents can receive varying notifications, dependant on offense. These are listed as either **Minor Violations** or **Major Violations**. Minor Violations may be in the form of verbal warnings, courtesy letters, Letter of Warning, and after repeated offenses can be grounds for a 30 day notice to vacate (non-renewal of lease). Major Violations are more serious in nature and the Soldiers Chain of Command is notified of the offense. One Major Violation could result in a 30 day notice to vacate

http://www.campbell.army.mil/campbell/directorates/DPW/FCHS/Pages/FCHS.aspx

Fort Campbell Crossing Welcome Center; 850 Georgia Ave & 16th Street; Phone: 931-439-9003

<u>Services:</u> Campbell Crossing has a responsibility for not only the Resident living in the home, but also to all the Residents in the Community. We work hard to ensure the neighborhoods are a pleasant experience for all to enjoy. Whenever a 30 day notice to vacate occurs every opportunity is given for the Soldier and Family to change and continue living in housing, and thus, with a plan, the 30 day notice can be rescinded. It is a joint effort between the Family, the Soldiers Unit, and Campbell Crossing to ensure the living standards are maintained and that everyone has the opportunity to live and raise their family in an environment conducive to healthy living.

Off-Post Housing (Landlord /Tenant Disputes, Lease Issues, Inspections)

Fort Campbell Housing Services Office (HSO); 850 Georgia Avenue, Ft. Campbell, KY;

Phone: 270-798-3808; Hours of Operation: Monday thru Friday 0730-1600

<u>Support Services:</u> The HSO provides a full spectrum of housing services for those Soldiers and Family Members who reside in the local off base housing communities. Whether the Soldier need assistance in locating suitable and adequate housing or assistance with resolving landlord issues, the HSO offers a staff of highly trained and experienced inspectors and counselors to assist. The HSO provides computerized short and long term rental listings, assist with move in and move out inspections upon request, tenant/landlord dispute mediation assistance, Landlord partnerships through the Rental Partnership Program, as well as transportation services for home-finding purposes.



<u>Isolation/Loneliness/Support Groups</u>

Definition: Soldiers and Family members can experience loneliness or isolation for many reasons as many life events are associated with it. The lack of friendships, the physical absence of meaningful relationships, divorce or marriage, loss of a significant person, the birth of a child, or any socially disruptive event can lead to loneliness and/or isolation. The risks could lead to depression, alcohol or chemical abuse, or even suicide. Known support groups are also included as part of the resources available to help combat loneliness.

 $Support\ Groups: \underline{http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx}$

Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY 42223; Central Hospital number - 270-798-8400; http://www.campbell.amedd.army.mil/

<u>Intervention Services:</u> This department includes Adult Behavioral Health, Child and Adolescent

Psychiatry Service, Community Counseling Center, and Division Mental Health Service.

Point of Contact Main Desk: (270)798-4269 / 4097; Hours: 7:30 - 4:00 p.m.

Chaplain Services Family Life Center, 2402 Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-798-3316; Hours of Operation: 0900-1700 Mon-Fri

<u>Intervention & Prevention Services:</u> The Family Life Chaplains provide a full spectrum of counseling that covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel.

Military Family Life Consultants (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon-Thur/0800-1600 Fri

<u>Support Services:</u> MFLCs can give Anger Management Group Classes at the Unit level by appointment. Unit POC can also contact their embedded MFLC for more information. MFLCs work directly with Army Community Service (ACS) to provide non-medical, short term, situational, problem solving counseling services. The MFLC program addresses concerns and issues facing people who are having trouble coping with everyday issues, as well as challenges with the military lifestyle. This program helps Soldiers and their Families cope with normal reactions to the stressful events created by deployments, war, and reintegration. The MFLC services are confidential, free of charge, and are offered by walk-in or appointment.

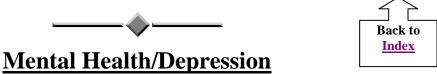
Better Opportunities for Single Soldiers (BOSS); DW Recreation Center; 6145 at 38th and Desert Storm Avenue; Fort Campbell; Phone: 270-798-7446/7391; Operation hours – 1130-2200 Mon-Fri/1300-2200 Sat-Sun.

<u>Support Services:</u> Home to the BOSS Program, DW Recreation is a home away from home for Soldiers with indoor recreational activities, music rooms, game room, auditorium, and TV areas. The BOSS Program supports the overall quality of a single soldier's life according to DA Circular 608-01-1 and also includes the unaccompanied soldier. BOSS provides leisure and recreation; community service opportunities; and single soldier well being; and encourages and assists soldiers in identifying and planning recreational and leisure activities.

ACS Outreach Program; 5661 Screaming Eagle Blvd; Fort Campbell, KY; Phone: 270-798-0609/0263; Operation hours 0730-1630 Mon, Tue, Wed, Fri/ 0930-1630 Thur

<u>Support Services</u>: ACS Outreach Program is an essential link between military and civilian agencies that connects Soldier and Family members to occurring events, ACS programs, support groups, and information and referral services throughout the communities. Information on such support groups

includes Families in Waiting; International Spouses; Gold Star Wives Support Groups. http://www.fortcampbellmwr.com/



Definition: Mental Health is the psychological state of someone who is functioning at a satisfactory level of emotional and behavioral adjustment. Depression is a mental state characterized by a pessimistic sense of inadequacy and a despondent lack of activity

Support Groups: http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx

Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY 42223; Central Hospital number - 270-798-8400; Hours 0730-1600; http://www.campbell.amedd.army.mil/
Intervention Services: Services to help with intervention include Adult Behavioral Health - (270) 798-4097/4269, Child, Adolescent Psychiatry Service - 270-798-8437, ASAP - 270- 412-6883

Military Family Life Consultants (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon-Thur/0800-1600 Fri Support Services: MFLCs can give Anger Management Group Classes at the Unit level by appointment. Unit POC can also contact their embedded MFLC for more information. MFLCs work directly with Army Community Service (ACS) to provide non-medical, short term, situational, problem solving counseling services. The MFLC program addresses concerns and issues facing people who are having trouble coping with everyday issues, as well as challenges with the military lifestyle. This program helps Soldiers and their Families cope with normal reactions to the stressful events created by deployments, war, and reintegration. The MFLC services are confidential, free of charge, and are offered by walk-in or appointment.



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Definition: PTSD is a mental disorder that can develop following the experience or witnessing of life-threatening events such as combat. The onset of PTSD in Soldiers is expectable during times of conflict, although the majority of combat veterans don't develop it. Mild Traumatic Brain Injuries are the same as a concussion. The Warrior Resiliency and Recovery Center tests Soldiers who have been referred to the TBI clinic to help diagnose and treat mild TBI. Whether in combat or a non-combat environment—seeking prompt medical care for a brain injury is an act of strength and courage and key to recovery. The majority of personnel who sustain a concussion can expect a full recovery with no lasting mental or physical effects.

Support Groups: http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx

BACH Adult Behavioral Health Center: 650 Joel Drive; Fort Campbell, KY; Phone: 270-798-8802; http://www.campbell.amedd.army.mil/

<u>Primary Care Services</u>: Located in "C" Building of Blanchfield Army Community Hospital, ABH provides comprehensive mental health treatment including medication and therapeutic intervention.

Warrior Resiliency Recovery Center/Traumatic Brain Injury Clinic; Phone: (270) 412-5114/6115; Location: Bldg. 2524, 22nd and Indiana Ave/TBI Clinic Bldg. 2543 23rd and Indiana Ave. Hours of Operation: Monday-Wednesday, Friday, 0730-1630 (by appointment only); ANAM Testing:

Bldg 2540, 23rd and Indiana Ave. Hours of Operation: Monday-Friday 0730-1630; http://www.campbell.amedd.army.mil/

<u>Treatment Services:</u> The Warrior Resiliency Recovery Center and Traumatic Brain Injury Clinic provides intensive TBI therapy, and it is important for patients to attend all appointments for the best results. Providers see patients on a referral basis only.



Definition: Area Schools for Youths and Adults both on and off post. http://www.am.dodea.edu/campbell/Index.htm

Fort Campbell School Liaison; 5668 Screaming Eagle Blvd; Fort Campbell, KY; Phone 270-798-9874/931-216-7990 cell: hours 0800-1700

<u>Services:</u> Assists parents with information both on and off post schools and other related issues for grades K-12. College scholarship opportunities, along with home school information, area private schools, and overall support.

Fort Campbell DDESS (on-post) Central Office & Superintendent; 77 Texas Avenue; Fort Campbell, KY; Phone: 270-439-1927

<u>Services:</u> Fort Campbell Schools serve students residing on post. Schools include 1 high school, 2 middle schools, and 5 elementary schools located directly on Fort Campbell. Pre-school programs are voluntary and available in each elementary schools and kindergarten is a full day program. For details go to the website at www.am.dodea.edu/campbell.

Clarksville Montgomery County Schools (off-post/TN); 621 Gracey Avenue; Clarksville, TN 37040; Phone: 931-648-5600

<u>Services:</u> The Clarksville Montgomery County School System consists of 21 elementary schools, 8 middle schools and 8 high schools for students residing in Clarksville, TN. Kindergarten is a full day program. For details go to the website at www.cmcss.net.

Christian County Public School System; 200 Glass Avenue, Hopkinsville, KY 42241; Phone: 270-887-1300/Information Call Center 270-887-7000

<u>Services:</u> The Christian County Public School System consists of 16 schools and four alternative learning centers in Christian County/Hopkinsville, KY. For details go to the website at www.christian.k12.ky.us.

SSG Glenn H. English JR Army Education Center (AEC); 202 Bastogne Avenue; Fort Campbell, KY; Phone: 270-798-3201;

http://www.campbell.army.mil/services/Education/Pages/Education.aspx

<u>Support Services</u>: The mission of the AEC is to provide education counseling services to Soldiers in a variety of programs such as counseling, testing, and professional development opportunities such as college and university courses/degree programs. On-duty performance enhancement programs, such as computer classes and Basic Skills Education Program are also available. Some programs are available for Spouses. Phone numbers for each department are listed below:

- 1. Counseling Services 270-798-5886/6978
- 2. Testing Services 270-798-3402
- 3. National Testing Center 270-707-3970
- 4. Learning Resource Center: 270-798-2918

- 5. Basic Skills Education Program: 270-798-1612
- 6. College Programs: Austin Peay State University: 931-221-1400; Embry Riddle Aeronautical University 270-798-2775; Hopkinsville Community College 270-707-3950; Murray State University 270-798-266
- 7. Financial Aid Information & Grants and Scholarship Programs: 931-221-7481



<u>Definition:</u> Sexual assault takes many forms including attacks such as rape or attempted rape, as well as any unwanted sexual contact or threats. Usually a sexual assault occurs when someone touches any part of another person's body in a sexual way, even through clothes, without that person's consent. Some types of sexual acts which fall under the category of sexual assault include forced sexual intercourse (rape), sodomy (oral or anal sexual acts), child molestation, incest, fondling and attempted rape. Sexual assault in any form is often a devastating crime. Assailants can be strangers, acquaintances, friends, or family members. Assailants commit sexual assault by way of violence, threats, coercion, manipulation, pressure or tricks.

Support Groups: http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx

Installation Provost Marshal Office U.S. Army MP; Building 123 Forrest Road; Fort Campbell, KY 42223; Phone: 270-798-7113/6774

Services: Reporting any and all suspected Sexual Assault/Rape violations.

Blanchfield Army Community Hospital Rape Crisis Counseling; Phone: 931-647-3632(Rape & Sexual Abuse Center); Crisis Hotline: 1-800-879-1999; After hours 270-798-8400; 650 Joel Drive; Fort Campbell, KY 42223; http://www.campbell.amedd.army.mil/ Intervention & Treatment Services: BACH Emergency Center: BACH "B" Building 2nd Floor; 24 hours a day, 7 days per week The EC is a state of the art facility designed and staffed to provide emergency care in times of crisis. Services include but not limited to mass casualty, trauma, critical care and suicide ideations/gestures/attempts.

ACS Family Advocacy Program; Family Resource Center; 1501 William C. Lee Road; Fort Campbell KY 42223; Phone: 270-412-5500

<u>Education and Prevention Services:</u> FAP provides briefings to Battalion and unit commanders regarding the problems of family violence and the programs available for assistance. FAP also provides the following classes and group sessions for Families: Anger Management Group, Stress Management Group, Women's Support Groups, Couples Communication, Spouse Abuse Prevention Conflict Resolution, Victim Advocacy and transition compensation for abuse Family members. http://www.fortcampbellmwr.com/

ACS Victim Advocacy Program: 1501 William C. Lee Road; Fort Campbell, KY; Phone 270-956-3737/412-5500; Hours 0730-1630

<u>Support Services</u>: A victim advocate is available to offer support and information to victims of domestic violence and sexual assault regarding their safety and resources in the community. VA coordinators are available 24/7 and can provide assistance in emergency services, shelters, relocation, information on Protection orders, advocating for clients w/agencies on and off post, help in locating financial resources, communication w/command, information on reporting options, referrals for therapy and support groups, and follow-up services. http://www.fortcampbellmwr.com/

ACS Sexual Assault Prevention and Response Program; 1501 William C. Lee Road; Fort Campbell, KY; Phone: 270-412-5500 Hours 0730-1630

<u>Prevention & Intervention Services</u>: This program is designed to assist victims of sexual violence and to provide support and information to victims regarding their safety resources available in the community. Services are available whether a victim decides to report the incident to law enforcement or not. SARP provides 24/7 advocacy services in the full scope of Victim Advocacy. http://www.fortcampbellmwr.com/

Sexually Transmitted Diseases

<u>Definition</u>: Sexually Transmitted Diseases reported by personnel including Gonorrhea, venereal warts, syphilis, herpes, Chlamydia, etc.. HIV is not included in this definition.

Preventive Medicine Services; 2506 24th and Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-956-0112; http://www.campbell.amedd.army.mil/

<u>Primary Prevention and Education Services:</u> Offers a variety of public health related services to include civilian Employee Health Clinic, environmental Health Section, Industrial Hygiene Section, Infection Control Program, Occupational Health Clinic, Public Health Nursing, and Respiratory Protection Program, Tobacco Use cessation Program, Travel Medicine Clinic, and Tuberculosis Screening Clinic.

Social/Recreation Resources

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Definition: Social is the method of living together or enjoying life in communities or organized groups while recreation is the refreshment in body or mind, as after work, by some form of play, amusement, or relaxation

Support Groups: http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx

Better Opportunities for Single Soldiers; Dale Wayrynen Recreation Center; 6145 at 38th and Desert Storm Avenue; Fort Campbell; Phone: 270-798-7446/7391; Operation hours – 1130-2200 Mon-Fri/1300-2200 Sat-Sun.

<u>Support Services:</u> Home to the BOSS Program, DW Recreation is a home away from home for Soldiers with indoor recreational activities, music rooms, game room, auditorium, and TV areas. The BOSS Program supports the overall quality of a single soldier's life according to DA Circular 608-01-1 and also includes the unaccompanied soldier. BOSS provides leisure and recreation; community service opportunities; and single soldier well being; and encourages and assists soldiers in identifying and planning recreational and leisure activities.

ACS Family Resource Center (FRC); 1501 William C. Lee Road, Fort Campbell, KY; Phone: 270-956-2935; Family Assistance Call Line: 866-252-9391; Hours 0730-1630 M-F

<u>Support Services:</u> The FRC is a one stop shop for all Family Readiness Groups (FRG) and their Family members. The FRC provides computers internet services, copy machines, and meeting rooms to hold a variety of FRG functions. The FRC is home to Army Community Services Family Programs. http://www.fortcampbellmwr.com/

Fort Campbell Outdoor Recreation; 6645 101st Airborne Division Road; Fort Campbell, KY; Phone: 270-798-2175

<u>Support Services:</u> Outdoor Recreation on post offers a wide variety of activities including Hunting and Fishing Programs; Adventure Programs; Archery and Skeet Ranges; Paintball; Camping; and Riding Stables. These activities are available to ID Card members individually or group rates are available. Also includes Swimming pools both indoor and outdoor; Golf Course; Bowling; Gear to Go outdoor equipment rentals. http://www.fortcampbellmwr.com/

MWR Special Events; 5663 Screaming Eagle Blvd; Fort Campbell, KY 42223; Phone: 270-798-7535

<u>Support Services:</u> Fort Campbell MWR plays host to several social events throughout the year, such as the Independence Day Celebration; Concerts; Family Fun Day Activities and a host of seasonal fairs all year long. Go to their website at www.fortcampbelmwr.com.

MWR Sports and Fitness; 5666 Wickham Ave; Fort Campbell, KY 42223; Phone: 270-956-1006 Services: The Sports and Fitness office operates and maintains over 18 recreational facilities here at Fort Campbell including 6 physical fitness centers, numerous athletic fields and complexes, 5+ parks, Fryar Stadium, and the Wilson Theater. In addition to the operation of these facilities, the Sports Office also coordinates intramural athletics, Sporting Events, and tournaments. The Intramural Sports Program offers Active Military the opportunity to enhance individual morale and unite esprit de corps, through individual and team competition. Intramural sports include softball, golf, bowling, soccer, flag football, tennis, volleyball, basketball and power lifting. http://www.fortcampbellmwr.com/

Taylor Youth Services & Youth Sports; 80 Texas Avenue; Fort Campbell, KY 42223; Phone: 270-798-3643: Hours of Operation – 0530-1900 Mon-Fri

<u>Services:</u> Provides social interaction in a wide range of recreational and developmental activities for youth, grades K-12. Registration and physicals are required for all activities. http://www.fortcampbellmwr.com/



Definition: A liberal definition of spiritual resiliency is the inner-life ability to respond to life's stressors, adversity or traumatic events and proceed in life without diminishment (chronic symptoms) to the soul (inner-life).

Religious Education Center; 3203 Indiana; Fort Campbell, KY; Phone: 270-798-3185; Hours 0900-1630 M-Th.

<u>Support Services:</u> Catholic, Jewish, Muslim, Orthodox, Pagan and Protestant Religious Education Programs. Also includes Sacramental Preparation (Catholic); Baptism Classes; Adult Education programs; Summer Vacation Bible Schools; Volunteer Teacher Training

Installation Chaplain Service; Installation Chaplain's Office; 3101 Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-798-6124 (Units may contact their Unit Ministry Chaplain for assistance)

<u>Support & Educational Services:</u> Chaplains provide a full spectrum of distinctive faith group worship, religious education, Youth Ministry, wide variety of counseling services and suicide prevention training. Also covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel. Also includes Youth Ministry & Outreach Programs; Chapel Sponsored Women's Programs, Sunday School Classes.

Chaplain Services Family Life Center; 2402 Indiana Avenue; Fort Campbell, KY 42223;

Phone: 270-798-3316; Hours of Operation: 0900-1600 Mon-Fri

<u>Support Services:</u> The Family Life Chaplains provide a full spectrum of counseling that covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel.





Spouse Abuse/Domestic Violence

<u>Definition</u>: Substantiated cases of spouse abuse where the perpetrator is assigned to a unit/violence between couples.

Support Groups: http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx

BACH Family Advocacy Program; Community Mental Health Services; 2523 22nd Street; Fort Campbell, KY 42223; Phone: During business hours 270-798-8601; After hours 270-798-8400; Prevention & Education 270-798-4191/2045; Victim Advocacy Services 270-412-5500; Emergencies: 911; http://www.campbell.amedd.army.mil/

<u>Primary Care Treatment & Support Services:</u> FAP Social Workers provide interviews, assessments, intervention, and treatment and case management for couples involved in family violence. Some of the treatment services available include: Anger Management Group, Stress Management Group, Marital Therapy, Active Duty Support Groups, Women's Support Groups, and Crèche "Cradle" AMAC Support Group (for women molested as a child).

ACS Family Advocacy Program; Family Resource Center; 1501 William C. Lee Road; Fort Campbell KY 42223; Phone: 270-412-5500

<u>Education and Prevention Services:</u> FAP provides briefings to Battalion and unit commanders regarding the problems of Family violence and the programs available for assistance. FAP also provides the following classes and group sessions for Families: Anger Management Group, Stress Management Group, Women's Support Groups, Couples Communication, Spouse Abuse Prevention Conflict Resolution, Victim Advocacy and transition compensation for abuse Family members. http://www.fortcampbellmwr.com/

ACS Victim Advocacy Program: 1501 William C. Lee Road; Fort Campbell, KY; Phone 270-956-3737/412-5500; Hours 0730-1630

<u>Support Services:</u> A victim advocate is available to offer support and information to victims of domestic violence and sexual assault regarding their safety and resources in the community. VA coordinators are available 24/7 and can provide assistance in emergency services, shelters, relocation, information on Protection orders, advocating for clients w/agencies on and off post, help in locating financial resources, communication w/command, information on reporting options, referrals for therapy and support groups, and follow-up services. http://www.fortcampbellmwr.com/

ACS Sexual Assault Prevention and Response Program; 1501 William C. Lee Road; Fort Campbell, KY; Phone: 270-412-5500 Hours 0730-1630

<u>Support Services</u>: This program is designed to assist victims of sexual violence and to provide support and information to victims regarding their safety resources available in the community. Services are available whether a victim decides to report the incident to law enforcement or not. SARP provides 24/7 advocacy services in the full scope of Victim Advocacy. http://www.fortcampbellmwr.com/

Suicidal Ideation, Gestures, And Suicide Attempts

<u>Definition:</u> Any thoughts or acts of self-injury.

Support Groups: http://www.campbell.army.mil/services/crisis/Pages/SupportGroups.aspx



Blanchfield Army Community Hospital; 650 Joel Drive; Fort Campbell, KY 42223; Central Hospital Number - 270-798-8400; http://www.campbell.amedd.army.mil/

<u>Primary Treatment & Intervention Services:</u> Emergency Center: BACH "B" Building 2nd Floor; 24 hours a day, 7 days per week The EC is a state of the art facility designed and staffed to provide emergency care in times of crisis. Services include but not limited to mass casualty, trauma, critical care and suicide ideations/gestures/attempts.

<u>Prevention Services:</u> Adult Behavioral Health; Social Work Services; Child and Adolescent Psychiatry Service, 2421 22nd Street; Community Counseling Center, and Division Mental Health Service. Point of Contact Main Desk: (270)798-4269 / 4097; Hours: 7:30 - 4:00 p.m.

Chaplain Services, Installation Chaplain's Office; 3101 Indiana Avenue; Fort Campbell, KY 42223; Phone: 270-798-6124 (Units may contact their Unit Ministry Chaplain for assistance)

Intervention & Prevention Services: Chaplains provide a full spectrum of counseling and suicide prevention training. Also covers Grief Counseling, Family Wellness, Marriage & Family Counseling and a host of enrichment programs. Also contact your Unit Ministry Team for immediate counsel.

Military Family Life Consultants (MFLC); Family Resource Center; 1501 William C. Lee Road; 270-205-1917; Office hours from 0800-2000 Mon-Thur/0800-1600 Fri

<u>Support Services:</u> MFLCs can give Anger Management Group Classes at the Unit level by appointment. Unit POC can also contact their embedded MFLC for more information. MFLCs work directly with Army Community Service (ACS) to provide non-medical, short term, situational, problem solving counseling services. The MFLC program addresses concerns and issues facing people who are having trouble coping with everyday issues, as well as challenges with the military lifestyle. This program helps Soldiers and their Families cope with normal reactions to the stressful events created by deployments, war, and reintegration. The MFLC services are confidential, free of charge, and are offered by walk-in or appointment.

ASAP Suicide Prevention Program; 234 Bastogne Ave; Fort Campbell, KY 42223; Phone: 270-412-6825/0078

<u>Prevention Services:</u> The Suicide Prevention Program Manager is the proponent for Suicide Prevention Training for Soldiers, Family Members and Civilians.

Other Resources Include:

- 1. National Suicide Prevention Hotline: 1-800-273-8255
 - 2. DCoE Outreach Center: 1-866-966-1020
 - 3. Military One Source: 1-800-342-9647
 - 4. Fort Campbell 24/7 Crisis Line: 270-798-2273
 - 5. Clarksville Crisis Center: 931-648-1000



Teen Issues

<u>Definition:</u> Teens will have issues ranging from depression, anxiety, disciplinary problems, lack of interest, isolation, and school issues. The programs and services below can offer help to teens and parents to cope with everyday adolescent life crisis.

Blanchfield Army Community Hospital; Social Work Services/Family Advocacy Program (FAP); 650 Joel Drive; Fort Campbell, KY 42223; Phone: 270-798-8601; http://www.campbell.amedd.army.mil/

<u>Intervention Services:</u> FAP Social Workers provide interviews, assessments, intervention, and treatment and case management for families involved with child abuse. Some of the treatment services available include: Anger Management Group, Stress Management Group, Parenting Classes, and Child/Family Counseling.

<u>Intervention Services for Children & Teens</u>: **Child and Adolescent Psychiatry Service**; Location: 2437 21st Street and Indiana Avenue; Point of Contact: (270) 798-8437

ACS Army Family/Teen Team Building Program; 1501 William C. Lee Road; Fort Campbell, KY; Phone: 270-798-4800; Hours 0730-1600 M-F

<u>Support & Education Services:</u> AFTB offers personal and professional development classes free of charge to any person associated with the military. Soldiers E5 and below can earn up to 4 promotion points for taking 40 hours of training through the AFTB. Classes offered monthly and Unit briefs and classes for FRGs are available upon request. http://www.fortcampbellmwr.com/

Taylor Youth Services & Youth Sports; 80 Texas Avenue; Fort Campbell, KY 42223; Phone: 270-798-3643: Hours of Operation – 0530-1900 Mon-Fri

<u>Services:</u> Provides social interaction in a wide range of recreational and developmental activities for youth, grades K-12. Registration and physicals are required for all activities. Teen activities include Teen Forum; 24/7 Teen Club; Sports; Mentorship Programs; The EDGE Program. http://www.fortcampbellmwr.com/

Fort Campbell School Liaison; 5668 Screaming Eagle Blvd; Fort Campbell, KY; Phone 270-798-9874/931-216-7990 cell; hours 0800-1700

<u>Services:</u> Assists parents with information both on and off post schools and other related issues for grades K-12. College scholarship opportunities, along with home school information, area private schools, and overall support.



<u>Definition:</u> Moving violations charged to individuals including speeding, failure to obey a traffic device, automobile accidents, and non-alcohol-related reckless driving. Also includes resources such as vehicle registration and additional training.

Installation Provost Marshal Office U.S. Army MP; Building 123 Forrest Road; Fort Campbell, KY 42223; Phone: 270-798-7113/6774

<u>Services:</u> Can assist the commander in stimulating appropriate attitudes, procedure and behavior. Assist in reducing opportunities for the acts to occur. Help in discouraging potential offenders from committing traffic violations.

Alcohol & Substance Abuse Prevention Program: 234 Bastogne; Fort Campbell; Phone: 270-412-0081

<u>Prevention Services:</u> Periodic DUI Prevention classes are presented to assist unit personnel with their prevention program.

(Request for assessments/treatment of specific individuals should be directed to your unit ASAP counselor; call 270-412-6883, for assistance.)



Definition: The purpose of the Warrior Transition Unit is to prepare Soldiers to return to their active duty unit or to become successful Army veteran in civilian life through medical and physical treatment and transitioning assistance.

Warrior Transition Unit; 6736 Desert Storm Ave; Fort Campbell, KY; Phone: 270-956-0693/Operations; 270-798-956-0685/S1 & Finance; 270-956-0686 FRSA; 270-798-8827/Ombudsman; 270-798-0757/Carenton Clinic; 931-542-7974/Social Work Services Hours M-F 0730-1530; http://www.campbell.amedd.army.mil/

<u>Treatment & Support Services:</u> The Warrior Transition Unit houses Soldiers with optimal medical benefit, expeditious and comprehensive personnel and administrative processing, while receiving medical care. The Army will take care of its Soldiers through high quality, expert medical care. For those who leave the Army, they will administratively process them with speed and compassion and assist with transitioning Soldiers medical needs to the Dept. of Veterans Affairs for follow-on care.

ACS Soldier Family Assistance Center (SFAC); 2433 Indiana; Fort Campbell, KY; Phone: 270-412-6000; Hours of Operation 0730-1630 Mon-Fri

<u>Support Services:</u> Provides Soldiers assigned to the Warrior in Transition Unit who are ill, injured or wounded with the support they need to heal and transition back to their unit or civilian life. The SFAC provides WTs and their Families with financial services, education counseling, social services, employment assistance, Family advocacy, ACS services, military personnel services, VA assistance, chaplain services, information and referral services. Childcare is provided on site. http://www.fortcampbellmwr.com/

BACH Ombudsman/Wounded Warrior Hotline; 650 Joel Drive; Fort Campbell, KY; Phone: 270-798-0757/798-8827; Hours M-F 0730-1430; http://www.campbell.amedd.army.mil/

<u>Support Services:</u> BACH offers Soldiers and Family advocate for wounded and ill Soldiers and their Family member. This service provides a neutral and informal process to assist warriors in transition and their Family members. The National Wounded Soldier and Family Hotline is 1-800-984-8523 and offer Soldiers and Family members a way to resolve medical issues when the chain-of-command route has been exhausted.

Army Career and Alumni Program; 5661 Screaming Eagle Blvd; Fort Campbell, KY: 270-798-5000 Hours 0730-1600 Mon-Wed & Thurs-Fri 0730-1500

<u>Services:</u> ACAP's mission is to provide timely and effective transition assistance to all transitioning DA personnel, Retirees and their Families. The goal is to prepare those members in transition for success by providing pre-separation counseling and job search preparation.

ACS Relocation Readiness Program; 5661 Screaming Eagle Blvd; Fort Campbell, KY; Phone270-956-2676/6313/0513; Hours 0800-1600 Mon-Wed & Fri; 0930 – 1600 on Thursday Support Services: "Plan my move" is an automated information system designed to provide relocation information for all military installations within CONUS and OCONUS. Website is www.militaryonesource.com. Other programs include Newcomers Orientation; Eagle Family Welcome; Smooth Move Briefings; Resources Center; Individual Relocation Counseling; Waiting Families Support; International Spouses support; Citizenship Classes; English as a Second Language classes; and Sponsorship Training. http://www.fortcampbellmwr.com/



Definition: Facilitating maintenance of optimal body weight and percent body fat.

LaPointe Nutrition Clinic: LaPointe Clinic; 5979 Desert Storm Ave.; Fort Campbell, KY; 270-956-0134; Mon-Fri 0730-1600

<u>Primary Prevention & Treatment Services:</u> Specific for Active Duty only. Primary Care Services that includes Nutrition counseling and classes for weight loss and weight gain, high cholesterol, high blood pressure, sports nutrition, eating disorders and other nutrition based illnesses. Active Duty weight control classes are offered two or more times per month and can be scheduled by calling 270-956-0314

Estep Wellness Center; 2270 14th & Kentucky; Fort Campbell, KY; Phone 270-798-4023/4664; Hours 0500-2100 M-F/0700-1800 Sat/1000-1800 Sun/0700-1800 Holiday/DONSAs Support Services: The center offers a comprehensive fitness assessment utilizing the Micro Fit Computerized Fitness Evaluation System. Equipment includes a wide variety of aerobics machines. The center also offers several classes in step Cardio, Prenatal, kickboxing and more.

Other Fitness Centers on Fort Campbell include the following:

- 1. Olive Physical Fitness Center; 6990 Screaming Eagle Blvd; 270-798-4101
- 2. Freedom Fighters Gym; 7037 Lifeliner Road; 270-798-7355/7365
- 3. Gertsch Physical Fitness Center; 3610 50th Street; 270-798-2753
- 4. Fratellenico Physical Fitness Center; 3932 Omdiana Ave; 270-798-9418/9409
- 5. Lozada Physical Fitness Center; 6992 38th Street; 270-798-4306
- 6. Fryar Stadium Sports and Fitness Office; 5666 Wickham Ave; 270-798-3094

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Women's Health

Definition: Women's Health refers to OB/GYN Health/Issues. http://www.campbell.amedd.army.mil/

Blanchfield Army Community Hospital Dept. of Women's Health; 650 Joel Drive; Fort Campbell, KY; Phone: 270-798-8151; http://www.campbell.amedd.army.mil/

<u>Primary Care & Treatment Services:</u> The Department of Women's Health includes the OB/GYN clinic, Labor and Delivery, Mother-Baby Unit and Special Care Nursery. The Department of Women's Health provides a wide spectrum of health care by OB/GYN specialty physicians, certified nurse midwives, nurse practitioners, registered nurses, licensed practical nurses, nursing assistants and administrative staff.

BACH Labor & Delivery; Phone 270-798-8219

<u>Primary Care Services:</u> Inpatient OB care is provided on Labor and Delivery. During delivery, families are welcome. Only siblings of the newborn are allowed on the Labor and Delivery ward. Children may not be left unattended in the hospital. After regular duty hours, OB outpatients who are at least 20 weeks are seen in Labor and Delivery. Women who are less than 20 weeks pregnant will be seen in the Emergency Center after duty hours.

BACH Mother-Baby Unit; Phone: 270-798-8090

<u>Support Services</u>: The Mother-Baby Unit provides Family-centered maternity and newborn care while meeting the individual needs of mother and baby with minimum disruption and separation. The newborns remain with their mothers. Only siblings of the newborn are allowed in the Mother-Baby Unit. Children may not be left unattended in the hospital. The Mother-Baby Unit has a Special Care Nursery that provides Level 1 care to neonates requiring close observation.

BACH Women's Health Classes; Phone: 270-798-8750

Pregnancy

- 1. Second and Third Trimester Information Attend at about weeks 14-40 of pregnancy.
- 2. Gestational Diabetes Offered weekly for those referred by their providers.
- 3. Sibling Class For kids of expecting parents to learn about becoming a big brother or big sister.
- 4. Postpartum Education for *Pregnant Gals* Learn what to expect after delivery.

Childbirth

- 1. Preparation for Childbirth This is a four hour class about includes information on birth options, relaxation, tools for birth such as breathing techniques. *Tour is included in class*. Registration is needed to attend. Partners are encouraged to attend if possible. Please call 798-8750 to register. *Please plan to attend during the last 6-8 wks of your pregnancy. Register between 25 and 32 weeks of pregnancy as classes fill fast.*
- 2. Refresher Childbirth for couples (moms) not having their first child. *Tour included*. No registration.

Infant Care / Parenting

1st Time Parent Class - Offered on a walk-in basis through the *New Parent Support Program*. Class is monthly from 8:45 am -11:45 am the 3rd Wed of each month.

WALK-IN ONLY NO Registration. This class is <u>NOT</u> taught at BACH. Please call 798-5875 for location.

Contraception Options

Usually offered weekly, on Wednesday 11 AM - 12 PM. The Class is held in Room 2AC77 on the second floor by the Mother Baby Unit. All methods of contraception are discussed. This class is for anyone interested in contraception options. This class is suggested for those desiring female sterilization.

No registration is needed. Call 270-798-8750 for information.

Breastfeeding

Breastfeeding Information – This class is recommended for the last few months of pregnancy. You may attend any time during pregnancy. *Please call 956-0210 to register for this class*.

- 1. Due to content and subject matter, the above classes are for adults/parents. Please respect the needs of other participants in this matter.
- 2. During the SIBLING CLASS, the whole family, parents and children are welcome. Children attending the sibling class need an adult with them.